

2021 KI SUMMER CAMP

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- Melissa Jeong - Program Director
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NEW This Summer
Swimming Lessons

at  goldfish
swim school®



KI MARTIAL ARTS



"Fun! Educational! Safe! Memories that Last!"

KI-CAMP INTRODUCTION



Our Staff

KI Martial Arts Camp has the best staff, here's why:

As KI Martial Arts is an accredited camp by the American Camp Association (ACA) we spend many hours during the winter and spring season meeting and preparing our KI summer staff. Our camp counselors and directors are educated in the administration of key aspects of our camp operation, particularly those related to our program quality as well as the health and safety of campers and staff. We ensure that our staff meets the expectations we set for them, each current staff member and new staff members have been through a background check. Our staff is dedicated in making sure our campers are happy and having the best experiences at our camp.

KI Martial Arts follows all CDC and American Camp Association guidelines for COVID-19.

Tae Kwon Do & Weapons Classes

Here at KI-Martial Arts we hold high the quality of our Tae Kwon Do lessons. During our summer camp program the campers have the opportunity to experience their classes at a time that is designated only to our campers.

KI MARTIAL ARTS WEEKLY THEMES

06/07 - 06/11 - Furry & Feathered Friends

06/14 - 06/18 - Fun! Fun! Fun!

06/21 - 06/25 - Cotton Candy Time

06/28 - 07/02 - Time for a Train Ride

07/06 - 07/09 - Calling all Jumpers

07/12 - 07/16 - Just Imagine

07/19 - 07/23 - Master Chef

07/26 - 07/30 - Flipping for Fun

08/02 - 08/06 - Exploration

08/09 - 08/13 - Farewell Summer



KI-CAMP OVERVIEW

WHO Children 5-12 years old

WHEN From June 7th - August 13th

WHERE Tae Kwon Do, Parks, Pools, Swimming Lessons () Lakes, Museums and More!

WHAT An educational summer camp, where your child will go on fun and informative field trips.

Our Field Trips Schedule:

June 10th - Green Meadows Farm at KI Martial Arts
 June 17th - American Action Territory, Kenosha, WI.
 June 24th - Carnival Day at KI Martial Arts
 July 1st - Illinois Train Museum, McHenry, IL.
 July 8th - X Factor Trampoline, Mundelein, IL.
 July 15th - Lego Land, Schaumburg, IL.
 July 22nd - Cooking at KI Martial Arts
 July 29th - Gymnastics at KI Martial Arts
 August 5th - Funtopia, Glenview, IL.
 August 12th - Movie Day at KI Martial Arts

KI Summer Camp requests that all campers arrive at 8:30am on most field trip days. Any camper that arrives after 8:40am will be charged a \$15 convenience fee.



Schedule Inclement weather/attendance may result in change of field trip

	MON	TUE	WED	THU	FRI
6/7-6/11	Tae Kwon Do Boating	Weapons Class Manners Class Diamond Lake Beach	Tae Kwon Do Lake Zurich Pool	Green Meadows Farm at KI Martial Arts	Swimming Lessons Park Crafts
6/14-6/18	Tae Kwon Do Grayslake Pool	Weapons Class Manners Class Independence Grove Beach	Tae Kwon Do Lake Zurich Pool	American Action Territory Kenosha, WI.	Swimming Lessons Park Crafts
6/21-6/25	Tae Kwon Do Wheeling Pool	Weapons Class Manners Class Diamond Lake Beach	Tae Kwon Do Grayslake Pool	Carnival Day at KI Martial Arts	Swimming Lessons Park Crafts
6/28-7/2	Tae Kwon Do Grayslake Pool	Weapons Class Manners Class Independence Grove Beach	Tae Kwon Do Wheeling Pool	IL. Train Museum McHenry, IL.	Swimming Lessons Park Crafts
7/6-7/9	Closed 4th of July Holiday	Weapons Class Manners Class Lake Zurich Beach	Tae Kwon Do Wheeling Pool	XFactor Trampoline Mundelein, IL.	Swimming Lessons Park Crafts
7/12-7/16	Tae Kwon Do Grayslake Pool	Weapons Class Manners Class Independence Grove Beach	Tae Kwon Do Lake Zurich Pool	Lego Land Schaumburg, IL.	Swimming Lessons Park Crafts
7/19-7/23	Tae Kwon Do Wheeling Pool	Weapons Class Manners Class Diamond Lake Beach	Tae Kwon Do Wheeling Pool	Cooking at KI Martial Arts	Swimming Lessons Park Crafts
7/26-7/30	Tae Kwon Do Lake Zurich Pool	Weapons Class Manners Class Independence Grove Beach	Tae Kwon Do Grayslake Pool	Gymnastics at KI Martial Arts	Swimming Lessons Park Crafts
8/2-8/6	Tae Kwon Do Grayslake Pool	Weapons Class Manners Class Lake Zurich Beach	Tae Kwon Do Wheeling Pool	Funtopia Glenview, IL.	Swimming Lessons Park Crafts
8/9-8/13	Tae Kwon Do TBA	Weapons Class Manners Class Independence Grove Beach	Tae Kwon Do Independence Grove Boating	Movie Day at KI Martial Arts	Park Crafts



2021 KI Summer Camp Registration Form

Please complete ENTIRE form both sides

NAME OF CAMPER		Date of Birth	Age			
Address, City, State, Zip						
NAME OF PARENT (OR OTHER PERSONS ENROLLING THE CHILD)			Relationship to Child			
Cell Phone Number <input type="checkbox"/> Check if you want TEXT REMINDERS			Phone Number			
Children's T-Shirt Size (please check your child T-shirt size) <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L		Email				
1. NAME of Emergency Contact (Adult other than listed above)			Relationship to Child			
Home Address			Phone Number			
2. NAME of Emergency Contact (Adult other than listed above)			Relationship to Child			
Home Address			Phone Number			
NAME of Physician to call if child becomes ill or injured (Besides Those People Listed Above)						
Hospital		Address		Phone Number		
PROGRAM (please check the days and camp(s) your child will be attending)						
		MON	TUE	WED	THU	FRI
Regular Camp	9:00am-4:00pm					
All Day Camp	7:30am-6:00pm					
Swimming Lessons: (Please check whether or not you would like your child to participate in swimming lessons). <u>You must attend camp for 4+ weeks in order to receive swimming lessons.</u>						
<input type="checkbox"/> Yes, I do want my child to participate in swimming lessons at Goldfish Swim School and will have my child arrive by 9:00am on Fridays.			<input type="checkbox"/> No, I do not want my child to take swimming lessons at Goldfish Swim School.			
Attendance Schedule: (Please check the days and camp(s) your child will be attending. We request a minimum of 2 weeks notice for any schedule change.						
<input type="checkbox"/> June 07-11		<input type="checkbox"/> June 14-18		<input type="checkbox"/> June 21-25		<input type="checkbox"/> June 28-July 2
<input type="checkbox"/> July 06-09		<input type="checkbox"/> July 12-16		<input type="checkbox"/> July 19-23		<input type="checkbox"/> July 26-30
<input type="checkbox"/> Aug 02-06		<input type="checkbox"/> Aug 09-13				
PICK-UP AUTHORIZATION (Any Person other than the enrolling parent must have a photo I.D. to pick up a camper) • Any Person who wishes to pick up a camper who is not listed below must have a photo ID & a written letter of permission from the parents						
1. NAME			2. NAME			
ADDRESS			ADDRESS			
RELATIONSHIP			RELATIONSHIP			
DAYTIME PHONE #			DAYTIME PHONE #			



Medical Information

Any medical issues? ☐ YES ☐ NO

Please List:

Is the child on any prescription medication? ☐ YES ☐ NO

Please List:

EPI Pens ☐ YES ☐ NO

Assumption of Risk

I realize that my child will be participating in a camp program involving physical activities, including a climbing wall, swimming, Tae Kwon Do and other activities where there is some risk of physical injury. I accept the risk and that I will be responsible to pay any medical costs for any injury to my child. In the event a dispute shall arise between the parties to this agreement, it shall be resolved exclusively by binding arbitration in Lake County, Illinois, according to the then existing commercial rules of the American Arbitration Association and the substantive laws of the state of Illinois.

Signature of Parent or Guardian

Date

In case of emergency Please contact:

NAME: _____ PHONE: _____

NAME: _____ PHONE: _____

Medical Waiver

KI-Martial Arts members are to obtain a physical examination from their physician prior to participation in any class. In recognition of the possible dangers connected with any physical activity, and the strenuous nature of Martial Arts, no one can positively assure the members or instructors that injury will not result during properly supervised practice sessions, instructional periods and/or contests. Member(s) voluntarily waive any right or course of action of any kind whatsoever arising as a result of such activity from which any liability may or could occur to above named facility, school, its officers, employees or instructors.

Signature of Parent or Guardian

Date

Credit Card Authorization Sheet

We are happy that you have chosen us to take care of your child during his or her summer break. This year we are offering our parents automatic credit card payments.

At the beginning of each week we will process your credit card. At the end of each month we will give you a payment receipt for your records.

- Late Charge: Payment is due at the beginning of the week for the week of attendance. If payment is not received by the Friday of that week a late payment fee of \$10 will be added.

- *After 2 weeks of non-payment, camp registration will be void and the late charge will go up to 1% of monies due. You will incur an additional 1% per month until the balance has been paid in full.

- Please pay weekly on or before the Friday of each week.

- Registration changes: After May 1st dropping any weeks of attendance will result in a charge of \$100.00 per camper per change.

- Non-attendance policy: If for any reason a child does not attend based upon their schedule given after May 1st they will still be required to pay for that day in which they were scheduled to attend.

☐ I want weekly Emails of charges emailed to my Email Address:

Student's Name:

My Card Number:

Expiration Date: (MM) / (YY)

CVS:

Name on the Card:

Camp Weekly Fee: \$

Arrival/Departure Form

To ensure safety of the all children, parents are to:

- Park in the parking lot and walk their child into the school.
- Bring their child into the facility and make sure that the Counselor is aware that the child has arrived.

I, the Parent/Guardian of _____, agree to follow the arrival/departure rules as stated above. I understand that I am also responsible for the actions of any other adult that I have chosen to pick-up or drop-off my child(ren).

- No children will be released to any person who is not at least 18 years of age.

Permission/Release Form

Trip permission

I/we give permission for the staff of KI-Martial Arts Summer Camp to take my child on any field trip that is prearranged during the week.

Signature of Parent or Guardian

Date

Photo Release

I/we give our permission for my child to have his or her photograph taken for publicity purposes.

Signature of Parent or Guardian

Date

Drive Thru Waiver

I, _____, parent of _____, understand that I am responsible for my child, myself and all of my belongings including, but not limited to my motor vehicle while on the premises of KI-Martial Arts. I commit to using the drive thru at KI-Martial Arts both cautiously and respectfully. I also agree to inform the staff of KI-Martial Arts in advance when I wish to have my child picked up (INSIDE their designated building) by anyone not listed on the emergency pickup sheet. I/we acknowledge that I/we are willing to participate in all aspects of the KI Drive Thru, which I/we have willingly entered. I/we will obey all rules and safety regulations of the KI and have read and fully understand the Release and Waiver. I/We do agree to release and hold harmless the KI Martial Arts Drive Thru, its' property owners, employers, and staff from any and all claims, liability, losses, injuries, property damage, and any and all known and unknown personal injury. I also accept any/all full financial responsibility for both myself, my child and all my belongings.

Signature of Parent or Guardian

Date

KI-CAMP RULES

WHAT TO BRING TO CAMP

★ Monday-Friday

- ◆ Lunch, 2 snacks & a water bottle.
 - Non microwavable
- ◆ Swimming suit & towel.
- ◆ Bag or backpack.
- ◆ A spare change of clothes.
- ◆ Sun-block everyday.
(Spray Sunblock Only, Labeled Please)

★ Thursdays

- ◆ A brown paper or plastic bagged lunch, non-perishable.
- ◆ 2 Snack & a disposable water bottle.
 - PLEASE separate lunch & snack.
- ◆ Walking shoes.
- ◆ Quiet activity for the bus ride.

CAMP REGULATIONS:

Parents acknowledge the need for confirmed availability to pick up their child in case of an illness or injury.

Basic Rules for Campers

- ◆ Be a good friend.
- ◆ Listen to counselors.
- ◆ Respect Jr. Counselors.
- ◆ Help each other.
- ◆ Have patience.
- ◆ Keep your hands to yourself.

Family Pick-up Regulations

- ◆ Families please respect the schedule of our camp by only requesting to pick up your child during times in which we are at KI-Martial Arts. Thank you!



Please note a lunch consists of a non microwavable meal/sandwich, 1-2 fruit/veggies, chips or cookies and a drink. Plus a snack.

Vehicle Rules for Campers

- ◆ All of the basic rules apply.
- ◆ Children must remain seated at all times.
- ◆ All children must wear seat belts.
- ◆ Children must use their indoor voices at all times.
- ◆ Children must resist the temptation to throw any object.
- ◆ Please do not bring toys from home.
- ◆ Children are not allowed to refuse another camper a seat next to them in the vehicle.

Camp Financial Regulations

- ◆ Tuition is due during the week in which the camper attends camp. If tuition is not received by 6:00pm on Friday of each week of attendance, KI Summer Camp reserves the right to charge a late fee of 1% for each business day that the payment is late.
- ◆ Tuition is due if your child is scheduled to attend and DOES NOT ATTEND for any reason.
- ◆ After two weeks of non-payment, the camper will be removed from the KI Summer Camp Program.



BENEFITS OF KI-CAMP



The discipline of Taekwondo leads to increased energy, better health and fitness, greater coordination, and higher self-esteem. These qualities are vital to a happier, longer life.

Taekwondo strengthens your body and improves your health through physical exercise and conditioning. Isometric and dynamic tension exercises will allow you to gain better muscle tone and more strength. A gradual building process of safe and easy stretching techniques will enhance flexibility, while breathing and concentration exercises lead to sharper reflexes and senses.

It has been proven that Taekwondo helps children develop their concentration skills, which in turn helps them in school.

Children in our program progress at their own rate. Not only do students learn the physical parts of martial arts, but there are so many educational and mental parts they are required to learn. This will lead into their schooling and help with school work, learning, and writing. There are many physical moves, and groups of movements that need to be memorized. All of this helps to expand their potential for learning and memorizing school subjects, and will later lead into success in their careers as leaders.



Sending your kids to KI camp this summer will benefit them in numerous ways but the memories they make will stay with them for the rest of their lives.

Each child is different, and it's important that your child is allowed to have time every day to do what they consider to be "fun."

We know how important it is for the development of good mental health, and the lessons that you teach your children today will help form their future habits.

